The Banyan
Genesis

2003: NIMHANS Review Findings
- Early detection and intervention arrests homelessness due to mental illness
- Lack of access to care especially in rural areas
- Lack of awareness about mental health
- Increased family burden
- DMHP not functioning effectively

1993: Banyan service provision
- Shelter
- Treatment
- Vocational Training
- Rehabilitation

Need for mass sensitization programmes to:
- Mitigate stigma
- Raise awareness of The Banyan as a facility for women with mental illness
- Fundraising
- Brand building of The Banyan

Learnings from The Banyan's own experience

- Enormity of the problem
- Lack of access to care
- Need for OP services
- Understanding of the implications of family burden
- Lack of government support programs – low priority/ policy support
- Lack of NGO/ government collaboration
- Lack of strong lobby of NGOs
- Lack of human resources in the sector
- Lack of research, training and advocacy
- No satisfactory solution for long-stay residents

Use of learnings to implement structural changes, additions and partnerships

- 2005: Launch of CMHP to tackle the issue of lack of access to care and awareness generation
- 2005: Distribution of disability allowance to support family of mentally ill
- 2005: Launch of The Banyan/Government of Tamil Nadu (IMH) partnership: Dial 100 Mental health helpline for rescue, treatment and rehabilitation from IMH to home
- 2007: Setting up of Banyan Academy of Leadership in Mental Health
- 2007: Setting up of the Protected Community for long-stay patients

2009: Banyan Service Provision

Short Term Solutions:
- Emergency care/ rescue

Long term Solutions:
OP/ In Patient services – Rehabilitation
- Insight building
- VT/ OT processes
- Employability
- Wellness
- Reintegration

Options for Rehabilitation:
- Family
- Employment (Working women's hostel)
- Community SHGs, independent living
- Long term care at PC

Adaikalam is a model for treatment, care, wellness and rehabilitation
CMHP/ Urban Outreach is for access to care, reduction of family burden, advocacy and awareness
BALM is for advocacy, increase stakeholders, research and training and equipping and nurturing human resources